



2024 NEWSLETTER

2024 Highlights: Growing, Connecting, and Inspiring Change!

This year, we've made incredible progress in growing our community, welcoming 25 new members across Australia and New Zealand! We've been working tirelessly to connect with more people than ever before, and that includes ramping up our social media presence to keep you all in the loop. On top of that, our website has been a hub of activity, with fresh resources designed to help you live your best life with HAE. From tools like our *Travel and Relocation Guide* to in-depth, informative *Webinars*, plus a dedicated *Clinical Trials* page, we're constantly updating our site to ensure you have the tools and knowledge you need at your fingertips.

For our younger community members, we've created dedicated spaces to help them feel supported and engaged. We've added fun activities and books to our website for under 12s, and for those aged 13-25, there's a Youngsters Toolkit packed with resources. As we look to 2025, we're excited to continue expanding these spaces and building stronger connections with our younger members. We can't wait to see this part of our community grow!



Happy Holidays from the team

Helpful tools and tips:

Here are some helpful tools and tips we recommend to you:

- Ensure you are having regular medication reviews AND make sure you are using the HAE TrackR to track your attacks for you and your Dr - [HAE Trackr](#)
- ✓ Moving or Travelling? See this handy [Patient Travel and Relocation Guide](#)
- ✓ Heading Overseas? Don't forget to use the [HAE Companion App](#) for information on places to seek medical assistance
- ✓ Check out our HAE Young Peoples pages here [HAE Youth](#) and [HAE Kids](#)

Clinical Trials

There are currently a number of important clinical trials happening in Australasia. Clinical trials are vital in progressing care for our community and ensuring everyone gets access to the best possible acute and prophylaxis treatment. If you want to get involved, check out our website - [Patient Information - Clinical Trials](#)

Help us help you

We have come a long way in 10 years. HAE Australasia's patient advocacy has helped improve prophylactic and acute care but there is still so much more to do. Don't forget we are a not-for-profit organisation and need your help us keep advocating for you and your care. We would appreciate any donations, big or small - [Donate Now](#)

What's happening in 2025

2025 is destined to be huge. We have the HAEi APAC 2025 regional conference, there will be a NZ patient meeting and we are planning to reintroduce meet ups across the region. Stay connected and keep up to date with all we have planned, you really don't want to miss out!

